company or local fire department, or request help from the Consultative Services Bureau.

NCDOL Poster

Every workplace must display the NCDOL poster (NCDOL Publication 1400). The poster explains worker rights to a safe workplace and how to file a complaint. The poster must be placed where employees will see it. You can download a copy to use temporarily or order the poster free of charge from the NCDOL website at www.nclabor.com or by calling 1-800-625-2267.

Recording and Reporting Occupational Injuries and Illnesses (29 CFR 1904)

Medical and dental offices are exempt from maintaining an official log of reportable injuries and illnesses (OSHA Form 300) under the federal and state OSHA recordkeeping rule. All employers, including medical and dental offices, must report any work-related fatality or the hospitalization of three or more employees in a single incident to the OSH Complaint Desk. During working hours (8 a.m. to 5 p.m.), call (919) 779-8560 or 1-800-625-2267. After working hours (5 p.m. to 8 a.m.), weekends or holidays, call the State Capitol Police at (919) 733-4646.

Helpful Resources

The OSH Division makes every effort to make information about its regulatory requirements readily available to the public. The full text of each standard in this brochure is available through the federal OSHA website at www.osha.gov. You can search for a specific subject by using the alphabetic index near the top of the home page or by clicking on *General Industry* in the *Regulations/Standards* below *Top Links*.

Models of a bloodborne pathogens exposure control plan and a hazard communication written program can be found on the NCDOL website at www.nclabor.com by selecting the *Safety and Health Topics A to Z* link on the main page and choosing "Bloodborne Pathogens" and "Hazard Communication," respectively.

A recent federal OSHA publication, *Model Plans and Programs for the OSHA Bloodborne Pathogens and Hazard Communications Standards*, contains models of these two important documents that can be tailored to your business or office. Request Publication 3186-06R to receive this helpful resource.

Information on other areas of interest or concern, such as compressed gases, may be obtained by phone or e-mail to OSH. The toll-free number is 1-800-625-2267. Questions about occupational safety and health standards and interpretations can be e-mailed to Ask.OSH@labor.nc.gov.

Requests for posters and other occupational safety and health publications can be made to the OSH Division's Education, Training and Technical Assistance Bureau either by calling the toll-free number or directly at (919) 807-2875 or by using the online order form at www.nclabor.com/pubs.htm.

Medical and dental practices and other small employers can also request free, on-site assistance in developing and improving their safety and health program by contacting the Consultative Services Bureau of the OSH Division using the toll-free number above or online following the steps listed at www.nclabor.com/osha/consult/consult steps.htm.



www.nclabor.com 1-800-625-2267

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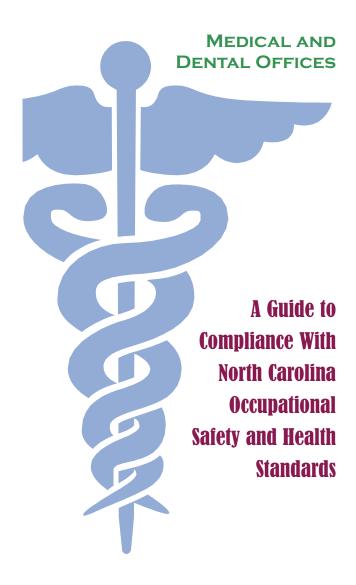
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Cherie Berry

Commissioner of Labor